



May



Happy Asian and South Asian Heritage Month!



2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

				1	2	3 Yoga for Seniors Gino Marcus Community Complex 10:00 am to 11:00 am
4 Bangla Art & Heritage class Gino Marcus Community Complex 2:30 pm to 4:30pm	5 Office Drop-In Hours 4045 Seminole St. 2:00 pm to 5:00 pm	6 Community Lunch Bedford United Church 3340 Sandwich St 1:00 pm to 3:00 pm	7 Music Lessons for Seniors Virtually via Zoom 2:00 pm to 3:00 pm	8 Art & Painting Class for Seniors 628 Monmouth Road 4:30 pm to 6:00 pm	9 Office Drop-In Hours 4045 Seminole St. 2:00 pm to 5:00 pm	10 Yoga for Seniors Gino Marcus Community Complex 10:00 am to 11:00 am
11 Happy Mother's Day!	12 Office Drop-In Hours 4045 Seminole St. 2:00 pm to 5:00 pm	13 Community Lunch Bedford United Church 3340 Sandwich St 1:00 pm to 3:00 pm	14 Music Lessons for Seniors Virtually via Zoom 2:00 pm to 3:00 pm	15 Art & Painting Class for Seniors 628 Monmouth Road 4:30 pm to 6:00 pm	16 Office Drop-In Hours 4045 Seminole St. 2:00 pm to 5:00 pm	17 Yoga for Seniors Gino Marcus Community Complex 10:00 am to 11:00 am
18 Bangla Art & Heritage class Gino Marcus Community Complex 2:30 pm to 4:30pm	19 Office Drop-In Hours 4045 Seminole St. 2:00 pm to 5:00 pm	20 Community Lunch Bedford United Church 3340 Sandwich St 1:00 pm to 3:00 pm	21 Music Lessons for Seniors Virtually via Zoom 2:00 pm to 3:00 pm	22 Art & Painting Class for Seniors 628 Monmouth Road 4:30 pm to 6:00 pm	23 Office Drop-In Hours 4045 Seminole St. 2:00 pm to 5:00 pm	24 Yoga for Seniors Gino Marcus Community Complex 10:00 am to 11:00 am
25 Bangla Art & Heritage class Gino Marcus Community Complex 2:30 pm to 4:30pm	26 Office Drop-In Hours 4045 Seminole St. 2:00 pm to 5:00 pm	27 Community Lunch Bedford United Church 3340 Sandwich St 1:00 pm to 3:00 pm	28 Music Lessons for Seniors Virtually via Zoom 2:00 pm to 3:00 pm	29 Art & Painting Class for Seniors 628 Monmouth Road 4:30 pm to 6:00 pm	30 Monthly Seniors Meeting Location: TBD 4:00pm to 7:00pm	31 Yoga for Seniors Gino Marcus Community Complex 10:00 am to 11:00 am

To have access to the zoom information, please contact the South Asian Centre of Windsor: email: info@sacwin.org | phone: 519-252-7447

FUNDING FOR THE INITIATIVE HAS BEEN PROVIDED BY THE



PONT INTERNATIONAL
Gordie Howe
INTERNATIONAL BRIDGE

COMMUNITY BENEFITS PLAN



SANDWICH/ WEST-WINDSOR COMMUNITY
NEWCOMERS AND SENIORS

FREE COMMUNITY LUNCH

*Join us every Tuesday for a community lunch,
education and socialization!*

Location:

Bedford United Church

3340 Sandwich St., Windsor, ON N9C 1B1

*Parking available at the back of the church via
Russell Street*



Bedford United
church
Windsor, Ontario

Starting April 1st

Every Tuesday from 1:00 pm to 3:00 pm

**PLEASE RSVP BY EITHER CALLING OR
EMAILING US:**

Phone: 519-252-7447

Email: info@sacwin.org

*Funding for the initiative has been provided by the Gordie
Howe International Bridge Community Benefits Plan*